

SSHA UPDATE

December 6th, 2016

IMPORTANT DATES AND DEADLINES

December 9th

Fall Instruction ends

December 20th

Final Grades Available

by 5pm

December 10th, 12th-16th

Final Exams

December 19th– January 2nd

Winter Break



January 10th, 2017

Spring Semester Begins

January 16th, 2017

Martin Luther King Jr. Day

January 17th, 2017

Spring Instruction Begins

Tips on what **NOT** to do when studying!

Tip #1: Avoid eating sugar!



Tip #2: DO NOT procrastinate or cram the night before

Tip #3: Studying in the wrong environment!



Tip #4: Over studying!



Tip #5: Focusing on one subject!



Tip #6: Studying with the wrong people!



Study Tips 101

- ◇ ***Set Study Goals***
- ◇ ***Make a Study Plan***
- ◇ ***Take Regular Study Breaks***
- ◇ ***Embrace New Technology (online flashcards)***
- ◇ ***Test yourself!***
- ◇ ***Find a healthy balance***
- ◇ ***Be Positive***
- ◇ ***Collaborate with Study Groups/Partners***
- ◇ ***Turn lessons into stories***
- ◇ ***Establish a Study Routine***
- ◇ ***Eat healthy (no sugar)***
- ◇ ***Study in Quiet Environments***
- ◇ ***Remember to sleep!***
- ◇ ***Use Mnemonic Devices (if applicable)***
- ◇ ***Rewrite Notes***

You can do it!
Study, Study, Study



Good Luck on Finals!!



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SSHA Advising Services

Walk-In Hours

Academic Advisors:

December 5th– December 9th

Monday: 10am-12pm, 2-4pm

Tuesday: 10am-12pm, 2-4pm

Wednesday: 10am-12pm, 2-4pm

Thursday: 10am-12pm, 2-4pm

Friday: CLOSED

*Thursday, December 8th: 10am-12pm, 1-3pm

Peer Mentors:

August 24– December 16th, 2016

Monday: 9AM– 12PM, 1PM–4PM

Tuesday: 9:30AM-12PM, 1PM-4PM

Wednesday: 9AM-12PM, 1PM-4PM

Thursday: 9:30AM-12PM, 1PM-4PM

Friday: 9:30AM-12PM, 1-3PM

SSHA Academic Advisors

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