

SSHA UPDATE

May 1st, 2017

Finals Edition

Important Dates & Deadlines

May 3rd-May 12th

Sell back your textbooks to
the bookstore

May 5th

Spring Instruction ends

May 6th, 8th-12th

Final Exams

Commencement Ceremonies

School of Engineering & School of Natural Sciences

Saturday, May 13th @ 9:00 am

Carol Tomlinson-Keasey Quad

School of Social Sciences, Humanities and Arts

Sunday, May 14th @ 9:00 am

Carol Tomlinson-Keasey Quad

Pre-Health: **Apply NOW!**

GET HEALTH EXPERIENCE | PROVIDE MENTORSHIP | HELP THE COMMUNITY

Do you want to...

- **Be a role model and coach youth**
- **Network with healthcare professionals in Merced**
- **Make a difference in local community health initiatives**

Become a Compass Guide!

Spots are Limited



Apply TODAY!



<http://tinyurl.com/guide1718>

For more information check out the link below!

<https://docs.google.com/forms/d/e/1FAIpQLSfFdb7tE2-vji0qoy9chMxGTSG7mFdhwIaGwen1Bb1e>

Questions? Email Kirsten Mengell at kmengell@ucmerced.edu



Find us on facebook **@CompassUCM**

www.compasshealth.ucmerced.edu

 **Compass**
Health Career Pathway

Helpful Tips for Registration!

How can I register for a course that has a prerequisite which I am taking at a community college during the summer?

- Email your major advisor proof of enrollment at a community college in order to receive a course override for a prerequisite.

Do you need a repeat override?

- Visit ssha-advising.ucmerced.edu
 - Click on Forms
 - Click on Course Repeat Request
 - Fill out the Online Form and Submit

Need permission to add a course without the prerequisite?

- Email the professor to request permission
- Forward the email with professor approval to your major advisor and include your name and student ID.

In order to receive fast and efficient responses from the SSHA Advising email please include:

- Full Name
- Student UCM ID#
- Major (as shown on your Audit)

Study Tips 101

- ♦ *Set Study Goals*
- ♦ *Make a Study Plan*
- ♦ *Take Regular Study Breaks*
- ♦ *Embrace New Technology (online flashcards)*
- ♦ *Test yourself!*
- ♦ *Find a healthy balance*
- ♦ *Be Positive*
- ♦ *Collaborate with Study Groups/Partners*
- ♦ *Turn lessons into stories*
- ♦ *Establish a Study Routine*
- ♦ *Study in Quiet Environments*
- ♦ *Remember to sleep!*



**KEEP
CALM
AND
ACE YOUR
FINAL EXAMS**

Tips on what NOT to do when studying!

Tip #1: Avoid eating sugar!

Tip #2: DO NOT
procrastinate or cram the
night before

Tip #3: Studying in the wrong
environment!

Tip #4: Over studying!

Tip #5: Focusing on one
subject!

Tip #6: Studying with the
wrong people!



UCM SSHA Advising



MASTERING THE ART OF STUDY GROUPS!

A PRESENTATION BY:
SSHA PEER MENTORS



Check out our YouTube Videos for more study tips by clicking on the images!

Mastering Your Study Skills

Presented by :
SSHA Peer Mentor Program



Resources



Peer Assisted Learning Support (PALS) is available for many subjects on campus, and it is **free**. We have learning support sessions, both small and large group, in various rooms on different days and times. Our Learning Assistants are trained and will support you through the learning process. Check the [Learning Support Schedule](#) to see the many subjects available.

THE MATH CENTER

The Math Center is a dedicated resource for learning mathematics. Some of our services:

- An inclusive learning environment
- Support for all undergraduate math courses
- Develop problem solving skills
- Receive assistance from graduate students, trained undergraduate students, and instructors.

Location: SSB 320

SSHA Advising Services

Walk-In Hours

Academic Advisors:

May 1, 2017–May 12, 2017

Monday: 10am-12pm, 2pm-4pm

Tuesday: 10am-12pm, 2pm-4pm

Wednesday: 10am-12pm, 2pm-4pm

Thursday: 10am-12pm, 2pm-4pm

Friday: CLOSED

Peer Mentor Walk-Ins (Spring 2017)

Monday and Wednesday: 9:30am-12pm; 1-4pm

Tuesday and Thursday: 9am-1pm

Friday: 9am-12pm; 1-2pm

SSHA Academic Advisors

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Peer Mentors

Carmel Peichoto | Ismael Nunez | Joselyn Lopez | Viviana Martinez

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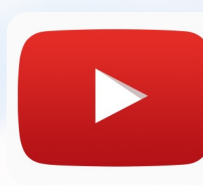
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Advising



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UCM SSHA Advising

A close-up photograph of a bright blue daisy flower. The petals are numerous, thin, and radiate from a central disk. The center is a dense cluster of small, green and yellowish-brown structures, likely the developing seed head or immature florets. The lighting is bright, highlighting the texture of the petals and the intricate details of the center.

Goodluck on Finals!!